

The [N.C. Cancer Prevention and Control Branch](#), through the N.C. State Comprehensive Cancer Control Plan (N.C. Cancer Plan) works to ensure a comprehensive and collaborative approach to address the state's cancer burden. The N.C. Cancer Plan focuses on six priority cancers that cause the most burden in the community and uses methods that have worked in similar states to prevent and control these cancers. N.C. Cancer Prevention and Control Branch provides outreach, education and screening services.

Comprehensive cancer control is an approach that brings together key partners and organizations to assess and help reduce the burden of cancer in communities.

The [N.C. Comprehensive Cancer Control Program \(NC CCCP\)](#) works to encourage and support cancer programs and initiatives through collaborative partnerships that:

- Promote healthy lifestyles and early detection of cancer
- Educate about cancer symptoms and risk factors
- Increase access to care and treatment of cancer
- Enhance cancer survivors' quality of life

The [NC CCCP](#) goal is to equip others with the knowledge, skills and tools to promote health through the cancer continuum to reduce the cancer burden in N.C. We coordinate and foster opportunities that increase support for prevention, early detection, care and treatment, survivorship of cancer and health equity in areas such as:

- Outreach, education and training
- Communication and public awareness
- Community engagement and partnerships
- Connections to resources that increase support for programs and services
- Data, evaluation and surveillance
- Consultation and technical assistance

[NC CCCP](#) works with many partner networks like the N.C. Advisory Committee on Cancer Coordination and Control to determine cancer priorities, implement and evaluate the N.C. Cancer Plan.

North Carolina Comprehensive Cancer Control Action Plan 2020-2025 Overview

The NC Cancer Action Plan focuses on six priority cancers (lung, colorectal, breast, prostate, cervical and melanoma). To address these cancers, it provides evidence-based strategies and a framework to reduce the burden of these cancers, from prevention and early detection of cancer, to improved care and treatment and survivorship services and resources. It is designed to outline a plan of action for cancer programs, community organizations, policies makers and individual North Carolinians.

The four most deadly cancers in North Carolina are lung, colorectal, breast and prostate.

- Lung cancer is the leading cause of cancer deaths...more than 5,000 people died in 2018.
- Colorectal cancer is the second leading cause of cancer deaths...more than 1,500 people died in 2018.
- Breast cancer is the 3rd leading cause of cancer deaths in women...nearly 1,400 women died in 2018.
- Prostate cancer is the fifth leading cause of cancer deaths in men...nearly 1,000 men died in 2018.

Two of the priority cancers that are commonly preventable and addressed in the NC Cancer Action Plan include cervical cancer and melanoma skin cancer. Some forms of cervical cancer are easily detected through Pap test while other forms are preventable through use of a vaccine. Melanoma skin cancer can be prevented by practicing sun-safe behaviors.

Cancer is a chronic disease that shares risk factors with many other diseases such as heart disease, diabetes, and stroke.

To reduce the risk of getting cancer and other chronic diseases we:

- Promote eating a variety of fruits and vegetables
- Encourage maintaining a healthy weight
- Promote the value of physical activity
- Communicate how to avoid tobacco use and secondhand smoke
- Advocate how to avoid exposure to sun and tanning beds
- Educate ways to avoid exposure to environmental toxins like radon

NC CCNs a Network Resource Hub for YOU!! Join a network near you and get connected to resources.

The **NC Regional Community Cancer Networks (CCNs)** are groups of traditional and non-traditional partners that come together with the goal of reducing barriers and increasing access to care and support services in their communities. Traditional partners are those that provide health services, and non-traditional partners are those that provide resources, support services or have the people that need them.

The NC CCNs are currently in 4 regions across NC: Northeastern, Western, Southeastern, and Northwestern. NC CCNs determine the overlaps and gaps in services in their regions and work to fill those gaps through partnership, advocacy and resource sharing. The Vision of the NC CCNs: Connecting communities for a cancer free North Carolina. We hope through the connection of partners and resources we can continue to work towards a cancer free NC.

We are here to help! NC CCCP can provide consultation/TA on community and partner engagement, offer education resource and training opportunities and much more.

We are here to help you and support the work that you do.

Feel free to contact the N.C. Comprehensive Cancer Control Program team to find out how at 919.707.5300.

For more information visit the Cancer Prevention and Control web site at:

<http://publichealth.nc.gov/chronicdiseaseandinjury/cancerpreventionandcontrol/index.htm>

Let's work together in the fight against cancer!

Coming Soon! The NC Comprehensive Cancer Control Program Resource Hub! This resource hub provides easy-to-read educational tools that can be used with clients, customers, and general community. The tools offer messages to help equip someone to make informed decisions and take action on good health practices. The resource hub provides simple tips, steps, and ways to access screenings and support resources. **Resources will be available to order for free and web-based for you.**

The tools can be downloaded and copied in color or black and white and given at community outreach events, shared with patients/clients, added to a special program/service or used to learn more on a topic.